

FOR LEASE

MedCorePartners.com



8500 OLYMPUS BLVD

Irving, Texas 75063



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PROPERTY OVERVIEW

8500 Olympus Blvd offers a unique opportunity to lease within a 7,200-square-foot, retail-style medical office building strategically positioned on a high-traffic corner in the heart of Irving, Texas. The property features a strong medical tenant mix and is anchored by a thriving family practice, complemented by an established physical therapy group, creating an ideal environment for additional healthcare users.

The property currently has one suite remaining, totaling approximately 2,300 square feet, making this the last available space in the building. The suite provides an excellent opportunity for a medical or healthcare-related user seeking a highly visible location surrounded by complementary medical facilities and services.

Building and monument signage are available, providing exceptional visibility and convenient identification for patients and visitors. The property's prominent corner location, strong existing tenancy, and proximity to other synergistic medical facilities make 8500 Olympus Blvd an attractive option for a medical practice looking to establish or expand its presence in the Irving market.



8500 Olympus Blvd | Irving, Texas 75063

PROPERTY OVERVIEW

PROPERTY HIGHLIGHTS:

- 2,300 SF Suite Available (#103) — Last Remaining Space
- Anchored by a thriving family practice
- Building and monument signage available
- High-traffic corner location
- Surrounded by synergistic medical facilities
- Conveniently located in the heart of Irving, Texas right off of I-635
- Excellent visibility and accessibility for patients and staff



BUILDING SIZE

7,200 SF



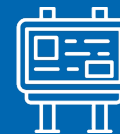
AVAILABLE SF

2,300 SF



SUITE AVAILABLE

#103



BUILDING & MONUMENT

**SIGNAGE
AVAILABLE**

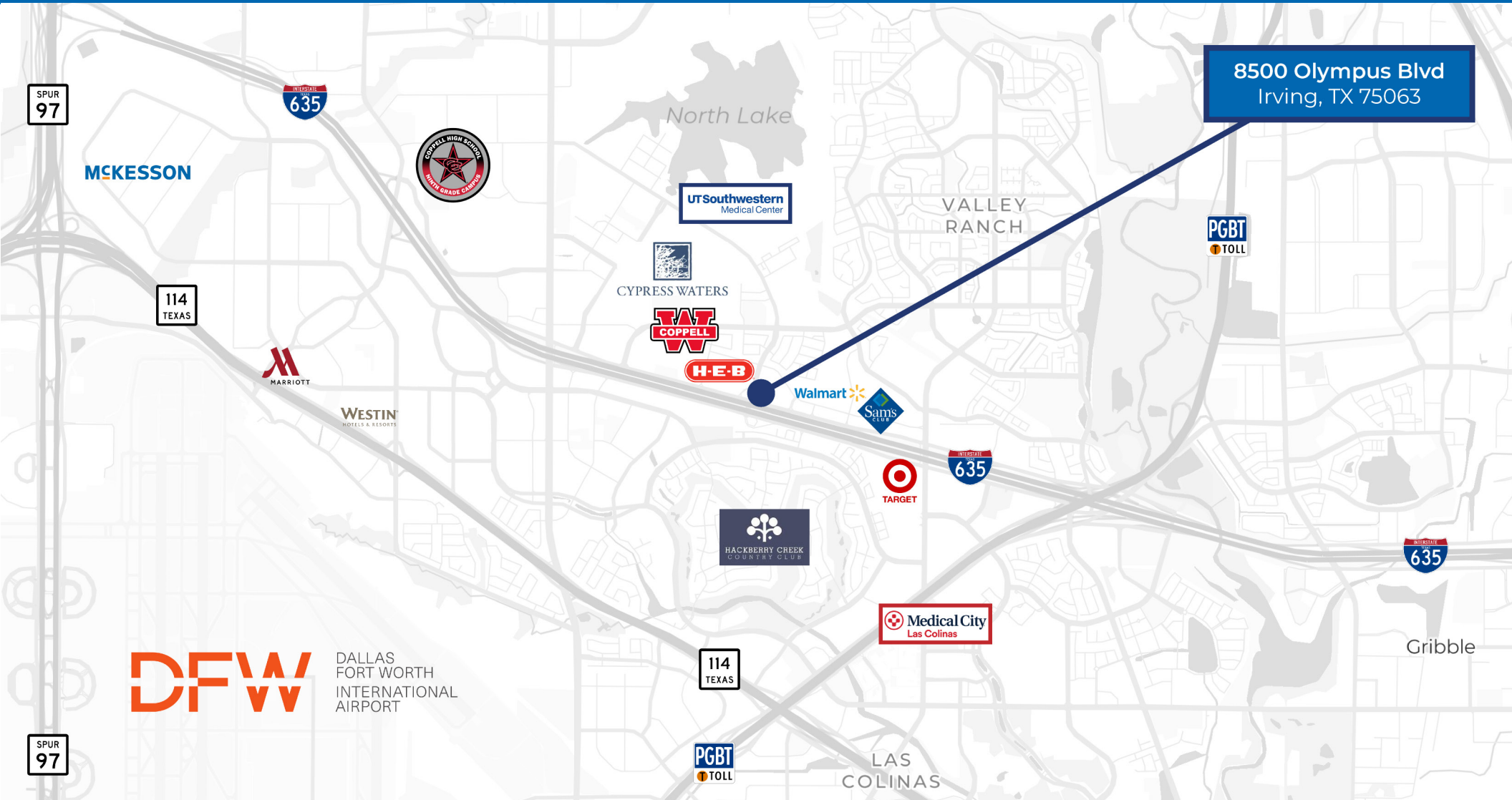


IDEALLY LOCATED

**NEAR I-635
& PGBT**

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PROPERTY LOCATION MAP

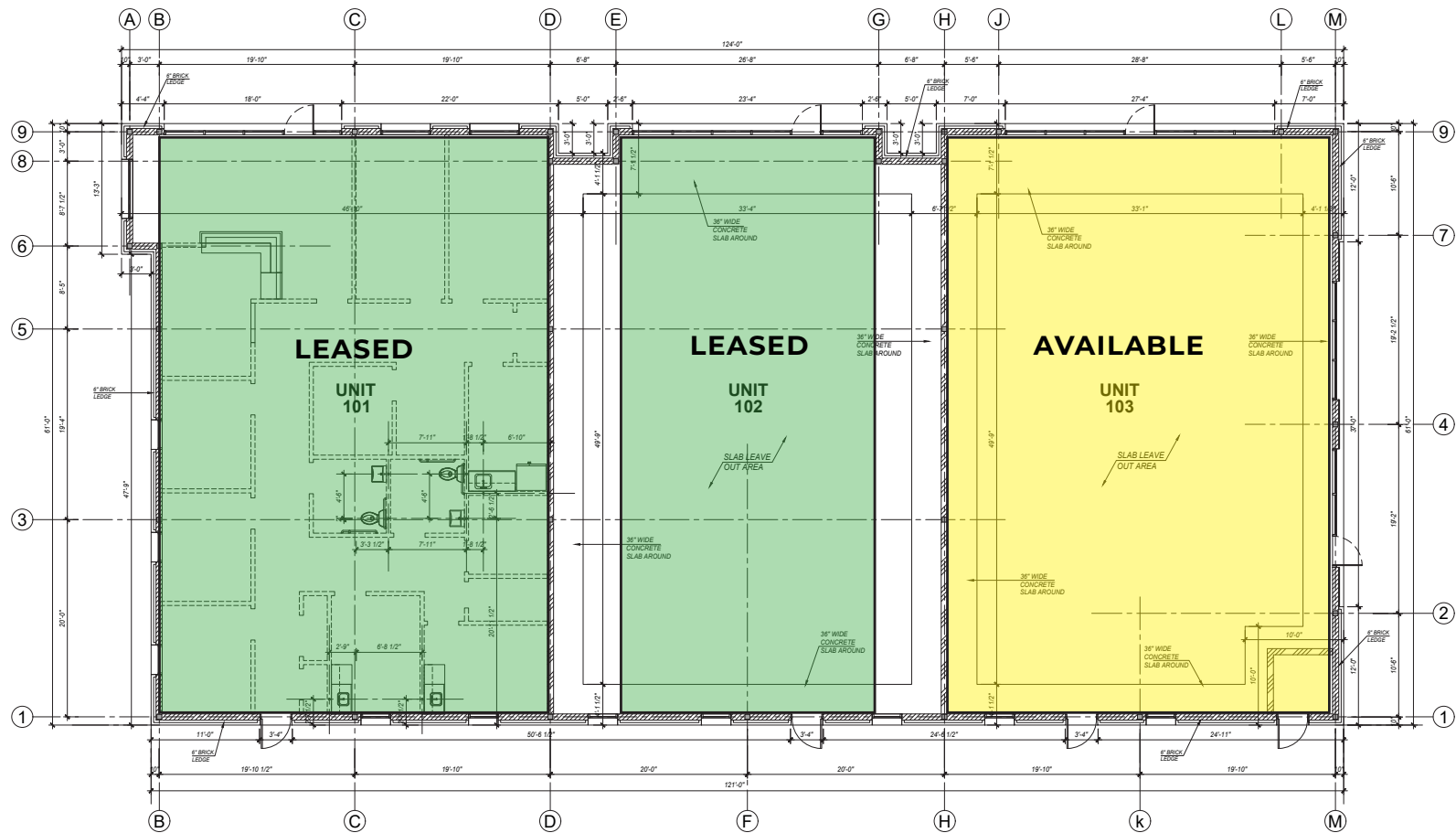


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PROPERTY PHOTOS



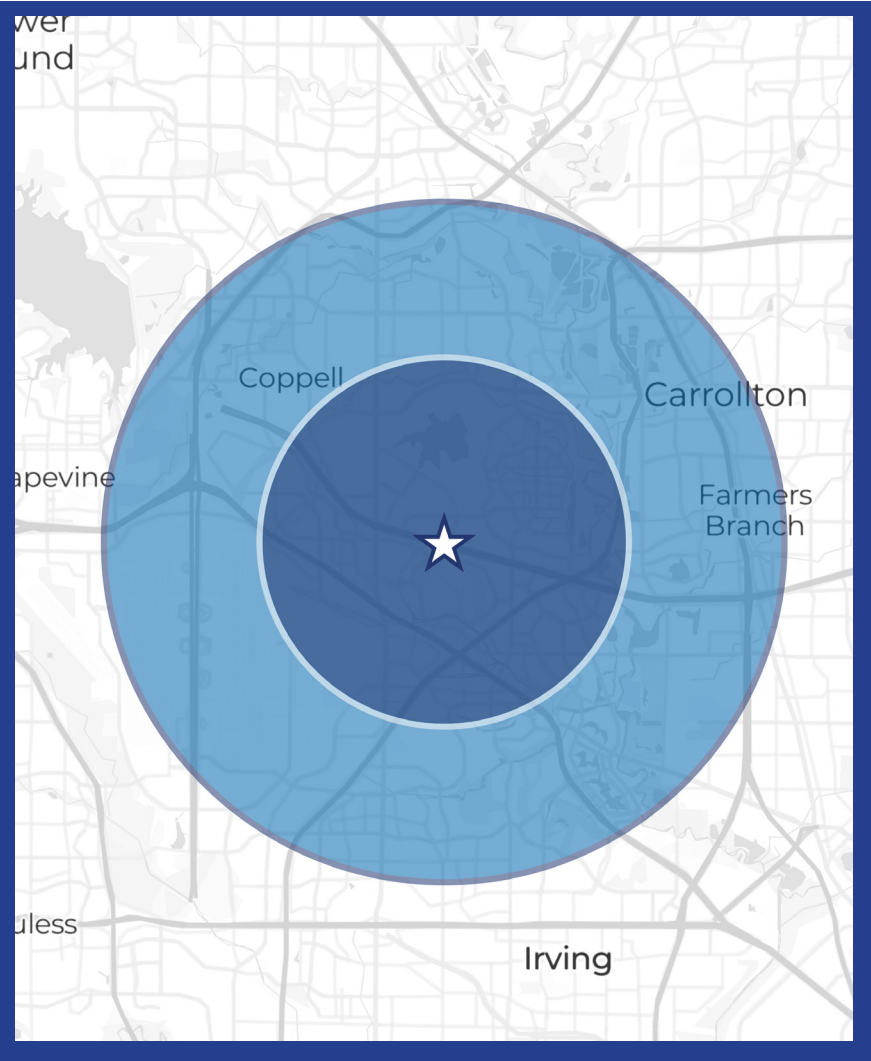
FLOOR PLAN



SITE PLAN



DEMOGRAPHICS



POPULATION	3 MI	5 MI
Population	89,443	202,822
Households	35,852	84,621
Average Age	35.0	35.0
Median Household Income	\$117,702	\$107,642
Population Growth (2026 - 2031)*	+3.58%	+3.03%
Household Growth (2026 - 2031)*	+4.24%	+4.41%

**Projected Growth as of 2026*



CONTACT FOR MORE INFORMATION



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- [illegible]

doi:10.1371/journal.pone.0040001 <https://doi.org/10.1371/journal.pone.0040001> The authors have no competing interests.

► [Read more about the study](#) The study, published in the journal *Psychology of Women Quarterly*, is one of the first to examine how women's attitudes toward abortion change over time. The researchers found that women's attitudes toward abortion become more liberal over time, and that this change is more likely to occur if the woman has a history of sexual abuse or if she has a history of using abortion as a method of birth control.

[illegible]

¹⁰ Several other possible scenarios are also conceivable. For instance, the institutionalised sector could be further liberalised, giving rise to competition from a few private health providers, nationally and internationally oriented, to try and overcome the existing constraints. This scenario is also being considered by the government.

Abstract The purpose of this study was to investigate the effect of a 12-week training program on the physical and psychological health of sedentary middle-aged women. The study was conducted in a community center in Tehran, Iran. The participants were 30 women aged 40-50 years, who were sedentary and had no chronic diseases. They were divided into two groups: a control group (n=15) and an intervention group (n=15). The intervention group participated in a 12-week training program consisting of three sessions per week, each lasting 45 minutes. The training program included aerobic exercises, strength training, and flexibility exercises. The control group did not participate in any training program. The physical health of the participants was assessed using a series of tests, including a 10-minute step test, a 1-mile walk test, and a 1-mile run test. The psychological health of the participants was assessed using a series of questionnaires, including the Beck Depression Inventory (BDI), the State-Trait Anxiety Inventory (STAI), and the Zung Depression Index (ZDI). The results of the study showed that the intervention group had significantly higher levels of physical fitness and lower levels of psychological distress compared to the control group at the end of the 12-week training program. The findings of this study suggest that a 12-week training program can improve the physical and psychological health of sedentary middle-aged women.

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1. The new standard requires the use of *per* to indicate the dependent variable.

Abstract The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The intervention group (n = 20) participated in a 12-week walking program, while the control group (n = 20) remained sedentary. The walking program was designed to be low-intensity, with a target heart rate of 110-120 beats per minute. The program was supervised by a physical therapist. The primary outcome was the change in physical health, measured by the 6-minute walk test (6MWT) and the 12-minute walk test (12MWT). The secondary outcome was the change in psychological health, measured by the Beck Depression Inventory (BDI) and the State-Trait Anxiety Inventory (STAI). The results showed that the walking program had a significant positive effect on physical health, with the intervention group showing a significant increase in 6MWT and 12MWT scores compared to the control group. There was no significant difference in psychological health between the two groups. The findings suggest that a 12-week, low-intensity, supervised walking program can improve physical health in sedentary, middle-aged women.

Business Partners	Revenue	Profitability/Contribution Margin	Price/Cost Ratio
International (B2B) Distribution of Energy-Related Technologies	Revenue: \$10	Profit: \$5	Price: \$200,000,000
Public & Retail	Revenue: \$10	Profit: \$5	Price: \$200,000,000
Government & Non-Profit	Revenue: \$10	Profit: \$5	Price: \$200,000,000
Government Suppliers of Energy-Related Technology	Revenue: \$10	Profit: \$5	Price: \$200,000,000
Non-Governmental Energy	Revenue: \$10	Profit: \$5	Price: \$200,000,000

